

New Generations Updates *Corporate Initiative*

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Vision

A Native Community that enjoys physical, mental, emotional and spiritual wellness



Mission

Working together with the Native Community to achieve wellness through health and related services



Goals

Shared Responsibility

Ensure systems and services that are respectful and culturally appropriate
• Achieve excellence in customer-owner satisfaction • Increase community awareness of SCF's services and programs

Commitment to Quality

Improve work environments and employee development systems with an emphasis on Alaska Native employees • Ensure continuous improvements of systems and processes • Increase the number of Alaskan Native employees in all job categories

Family Wellness

Reduce the rate of domestic violence, child abuse and neglect • Reduce the rate of and improve the management of cancer • Reduce the incidence of suicide • Reduce the rate of obesity • Reduce the rate of substance abuse • Reduce the rate of and improve the management of diabetes • Improve oral health • Reduce the rate of and improve the management of cardiovascular disease

Operational Excellence

Improve the management of expenses • Improve utilization of information technology and data support systems and services • Improve SCF systems for third party revenue generation and collection



Customer-Ownership

New Generations Project

5 Year SAMSHA Grant

Indigenous Project LAUNCH 2019-2023



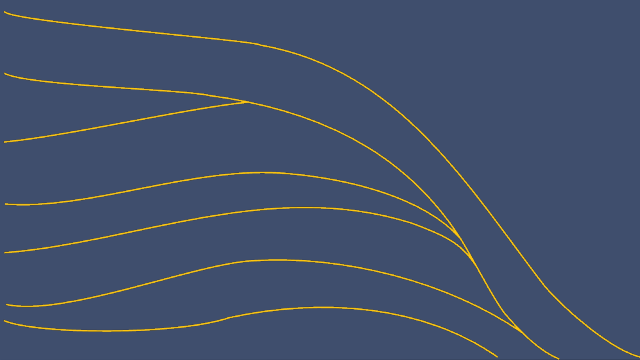
SCF Corporate Initiative

FMW9-01 – “Improve coordination and effectiveness of care from pre-conception to 5 years of age to support healthy families (New Generations).”



What is the aim of the New Generations Initiative?

“A systems approach to supporting families during the pivotal times of transition such as preconception, pregnancy, birth, parenting, and childhood development.”



Current New Generations Initiative Highlights

Staff Education & Awareness:

- Foundations of IECMH Course
- Strengthening Families Five Protective Factors Framework

Customer-owner Awareness Campaign:

- Pause Materials

Expansion & Integration of Services for Families:

- Nutaqsiivik & Parent Partner Pilot
- Pediatric Integration

Home Visiting Curriculum:

- Family Spirit Trainings and Deep Dive Review



Staff Education & Awareness

Strengthening Families Five Protective Factors Framework

- Staff Training: Nuka Learning & Development Center

Foundations of Infant and Early Childhood Mental Health

- Staff Training: Final Pilot April 2024



Customer-owner IECMH Awareness

8 Things Your Newborn Wants You to Know

A child's emotional health needs as much attention as their physical health.

Relationships

Because mental health starts early and lasts a lifetime.

Southcentral Foundation

Southcentral Foundation

Southcentral Foundation

Relationships

The first three years of life are when a child's brain is growing rapidly and forming neural connections that infants and children use to guide their decisions and relationships that will affect their lifelong health.

Respond with interest and sensitivity to the child's cues.

Recognize that parenting can be stressful, and mistakes are a natural part of child-rearing.

Find a balance of meeting the parent's needs and the child's needs.

Recognize and celebrate the child's strengths, abilities, and capacity to learn and develop.

Parents may require their own support and resources before they can best support their child.

Seek help, support, or additional information on parenting regularly.

It's important to know that your newborn wants you to be present. All your experiences change the "foundation" of my life and can help or hurt its growth.

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I know it will be when you look, smile, or hold me. My brain never turns off, even when I'm sleeping. It's always listening to your playing situation.

It's hard to soothe me if you are stressed out. Please relax, please put me to bed, take a deep breath.

Anger, violence, and too much stress is not good for me. Even though I'm small, I will be changed by these experiences.

Pause Materials

Pause: Moments Matter in the Life of a Child

Pause. Moments matter in the life of a child.






Knowing you're there when I fall today...

Being able to bounce back tomorrow.

Family Strength/Resilience

Everyone faces challenges sometimes. When children watch their parents overcome challenges, they see that it is possible to keep going, even when things are hard. When children are helped to work through their own challenges and learn from failure, children find out that they are strong and capable.

**How have you kept going when things were hard?
How do you help your child do the same?**

Pause. Moments matter in the life of a child.






How well you deal with stressors today...

Having the skills to respond to stress tomorrow.

Emotional/Self-Regulation

Children feel lots of emotions but don't always know what to do with them. Children watch what their caregivers do with their own emotions, to learn what to do with theirs. Caregivers can help children find healthy ways to express their emotions by staying close and connected.

**What is your child learning about emotions through watching you?
How do you help your child when what they feel is too big to handle?**

Source: IECMH.ca

Pause. Moments matter in the life of a child.






Encouraging a curious mind today...

Helps build a healthy brain today and tomorrow.

Brain Development

What happens during pregnancy and early in life shapes a child's brain. Brains are built over time through experiences and interactions with others. The basic things a child is learning today are the building blocks for more complex learning, later in life. Helping a child learn, explore, and create early in life will help them be a stronger learner for the rest of their life.

**What is your child learning today?
How do you support their learning through new experiences?**

Source: IECMH.ca

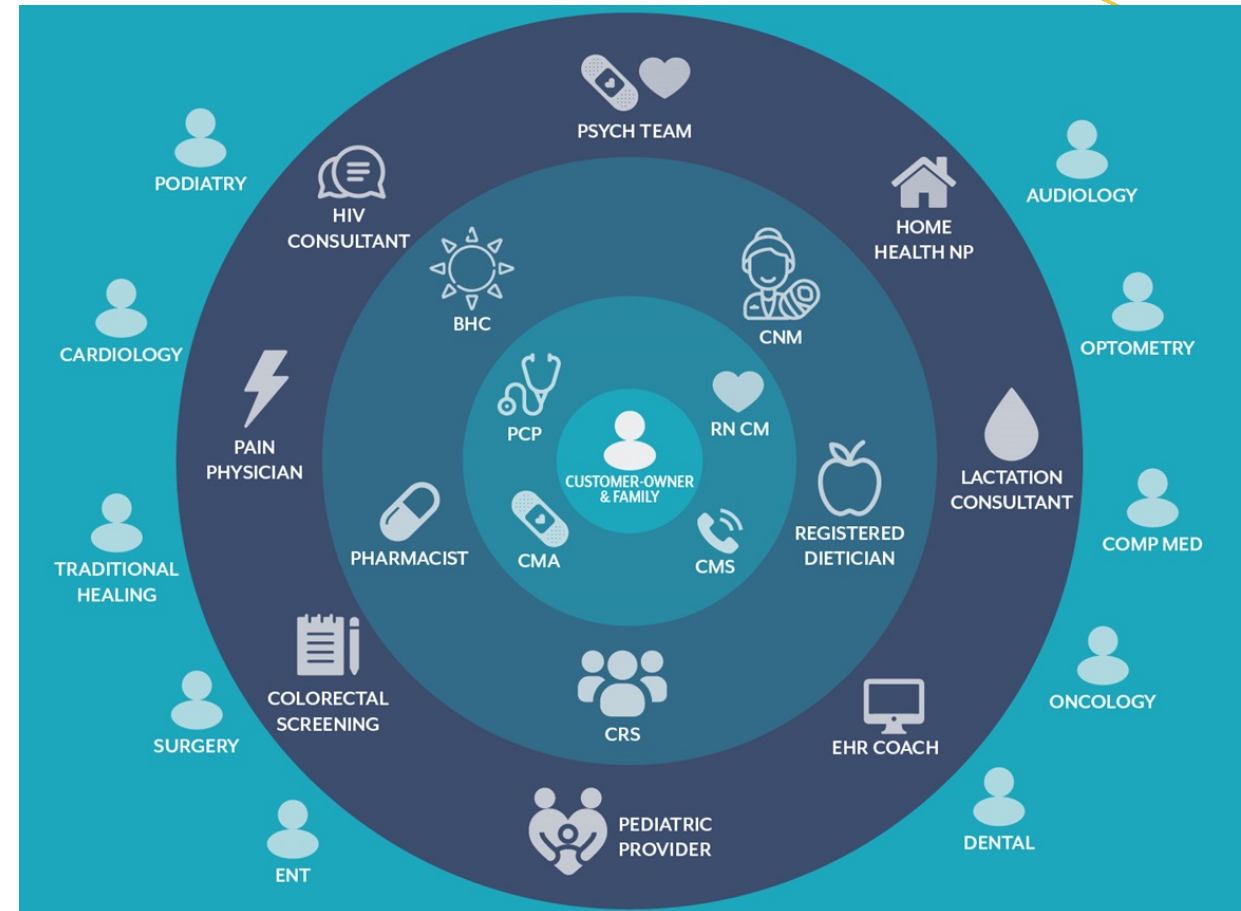
Expansion & Integration of Services for Families

Pediatric Integration

- Centralizing Pediatric Providers Teams in Primary Care Clinics

Expanding Home visiting for Families in a Primary Care Setting

- SCF Nutaqsiivik (Nurse-Family Partnership) & Parent Partner Pilot



Home Visiting Curriculum

Johns Hopkins Center for Indigenous Health

Home Visiting Curriculum:
65 Lessons covering a variety of topics including:

1. Prenatal Care
2. Infant Care
3. Your Growing Child
4. Toddler Care
5. My Family and Me
6. Healthy Living



A top-down view of a group of people's hands resting on a circular wooden table. The hands are arranged in a circle, with some wearing rings and colorful patterned sleeves. The background is a dark blue gradient with a pattern of thin, wavy yellow lines. The word "Questions?" is written in large white font across the center of the image.

Questions?

Qaġaasakung

Aleut

Quyanaa

Alutiiq

Quyanaq

Inupiaq

AwA'ahdah

Eyak

Mahsi'

Gwich'in Athabascan

Igamsiqanaghalek

Siberian Yupik

Háw'aa

Haida

Quyana

Yup'ik

T'oyaxsm

Tsimshian

Gunalchéesh

Tlingit

Tsin'aen

Ahtna Athabascan

Chin'an

Dena'ina Athabascan

Thank you!