



ALL ALASKA
PEDIATRIC
PARTNERSHIP



Alaska Home Visitors Alliance

Home Visitors Alliance Monthly Resource Bulletin February 2026

Sneak Peek!

Highlights:

- **Alaska Home Visitors Alliance Annual Virtual Summit!** Registration opens on Monday March 2nd-- and FREE!
- **Alaska Home Visitor Highlight:** Southeast Childhood Collective Parents As Teachers Program shares an impactful story from a grateful parent that participated in the 4th Trimester Program. Check out the story below!
- **Resource Spotlight: Aeroflow Urology-** How to get FREE pediatric diapers and pull-ups through medicaid: If your child has incontinence, they may qualify for free diapers through Medicaid! Many families qualify for free diapers and other incontinence supplies, such as pull-ups, underpads, and more, saving them money and reducing stress. Find out if your child qualifies for free diapers and pull-ups by filling out our
- **Childhood Immunization Update:** Childhood immunizations are a foundation of pediatric care and are among the most effective tools for preventing serious illness, lifelong complications, and death from infectious diseases. The Centers for Disease Control and Prevention (CDC) publishes immunization recommendations that serve as national guidance. States are responsible for evaluating this guidance and applying it in a manner consistent with state-specific laws and needs
- **The Family Engagement Toolkit:** Guidance for early childhood home visiting programs on improving outreach, recruitment, and retention.
- **Growing Minds:** Infant and Early Childhood Mental Health (IECMH) support for providers who care for infants and young children.
- **PAUSE & Keep Your Baby Safe:** Comforting a crying baby can be stressful for caregivers. It's normal to feel frustrated and overwhelmed when this occurs. If your baby is crying inconsolably, remember to stay calm, take deep breaths and remind yourself that you're a good caregiver.
- **HVA Padlet:** Check out the Home Visitors Alliance virtual platform on Padlet! Add announcements, connect with others, and share resources!
- **Share your Updates for the HVA Monthly Bulletin:** We'd love to feature your celebrations, upcoming events, newsletters, or program highlights in the Home Visitors Alliance Monthly Bulletin! Send us your updates so we can help spread the word and celebrate your great work.

Upcoming Events:

- **A2P2 March Partnership Meeting in Anchorage!** A2P2 Partnership Meetings are hosted in various regions across the state. They link the medical community with the agencies and organizations providing services and support for children, youth, and their families. Friday March 6th 12:00-1:30 PM.
- **March HVA Connect!** March HVA Connect will take place on Tuesday March 17th from 9:00-10:00 am. Register below to attend!
- **Learning to Listen: Conversations that Matter Returns!:** Learning to Listen: Conversations for Change returns with three new conversations featuring inspiring leaders working on the frontlines of current and emerging issues for children and families.
- **2026 infant, Child, & Youth Conference:** The Infant, Child, and Youth (ICY) Conference, formerly known as the IECMH Institute & CAFBH Conference, features renowned national speakers and Alaskan experts, with plenaries and workshops for professionals that work with infants, children, and youth of any age and their families. The 2026 ICY Conference will take place May 12 & 13, 2026.

See Resource Sections Below!

Have something that you want to highlight or celebrate in the monthly HVA Bulletin? Please send them to: hva@a2p2.org or rqueja@a2p2.org

HIGHLIGHTS:

Alaska Home Visitors Alliance Annual Virtual Summit Save the Date!

2026 ALASKA HOME VISITORS ALLIANCE ANNUAL VIRTUAL SUMMIT

Equipped for Excellence
Elevating Home Visiting
Practices Across Alaska

Thursday April 9, 2026
9:00–4:00 PM

Registration opens
Monday March 2nd at 9:00 AM!



Join us on **Thursday, April 9, 2026 from 9:00 AM – 4:00 PM** for a day dedicated to growth, connection, and impact. This year's theme, *Equipped for Excellence: Elevating Home Visiting Practices Across Alaska*, focuses on providing Alaska's home visitors with the tools and insights to take your practice to the next level.

Whether you are looking to network with statewide colleagues or sharpen your skills, this Summit offers a unique space for every home visiting model in Alaska to come together. We are currently finalizing an inspiring session lineup, and best of all—**registration is free!**

Registration opens on Monday March 2nd at 9:00 AM!

Questions about the HVA Summit? Email Reanne at rqueja@a2p2.org

Registration Opens March 2nd!

Home Visiting Model Highlight: Giving Back to the 4th Trimester: One Father's Extraordinary Gift



Late last year, we received a phone call from a father whose family participated in our Parents as Teachers 4th Trimester Project.

He shared how meaningful those early visits were during the vulnerable weeks after bringing their baby home. Having a trusted parent educator check in, answer questions, offer reassurance, and provide evidence-based guidance made a lasting difference for his family.

Then he did something extraordinary.

He made a generous donation to ensure more families can receive that same support during the critical fourth trimester.

His gift will directly sponsor additional families to participate in the program, expanding access to early connection, developmental guidance, and encouragement when it matters most.

We are deeply grateful not only for his generosity, but for the reminder that this work changes lives in ways that ripple far beyond those first months.

A huge congratulations to our colleagues at the Southeast Childhood Collective Parents as Teachers program! Your team's consistent support with the PAT 4th Trimester Project reminds us all why we do this work. The impact you are making in Juneau ripples across the entire state, inspiring all of us within Alaska's home visiting community to continue striving for excellence. We are so proud to work alongside such a passionate and impactful team!



Resource Spotlight: Aeroflow Urology:

How to Get Pediatric Diapers & Pull-Ups Through Medicaid



Pediatric Diapers and Pull-Ups Through Medicaid

Aeroflow Urology



Did you know that Medicaid can cover incontinence supplies for children if they are deemed medically necessary? If your child has incontinence, they may qualify for free diapers through Medicaid! Many families qualify for free diapers and other incontinence supplies, such as pull-ups, underpads, and more, saving them money and reducing stress.

Early Periodic Screening, Diagnosis, and Treatment (EPSDT) is part of the pediatric health provision of Medicaid: EPSDT ensures that children under the age of 21 who are enrolled in Medicaid programs receive age-appropriate screening and preventative services to discover and treat conditions as early as possible.

Part of EPSDT includes “home healthcare” which is broadly interpreted to include medical supplies and equipment needed for a Medicaid recipient to treat a diagnosed condition. This includes incontinence supplies such as diapers and pull-ups, as well as some supplemental supplies such as wipes and gloves.

Which Pediatric Incontinence Products Are Covered by Medicaid?

- Diapers: Diapers (also referred to as briefs, particularly as the child ages into youth and adult products such as adult diapers) may be the most familiar term for most people when it comes to incontinence products. Diapers have tab closures that allow for changing without the need to completely undress. For young children, children with limited mobility, and those that are wheelchair-bound, the tearable side panels make removal easier and more hygienic than pull-ups/pull-ons.
- Pull-Ups: Protective underwear, also called pull-ons or pull-ups, are a form of absorbent, disposable underwear with elasticized waist and leg openings that can be easily pulled on or off. These products don't have fasteners or tabs, and work well for older, mobile children who prefer a product that closely resembles typical, cloth underwear.
- Underpads: Also known as chux, underpads are used to protect furniture such as mattresses or car seats from leaks. They have a soft, absorbent layer on top, with a liquid-proof under side. Underpads can make clean ups easier, as they can simply be placed in the trash after use.
- Disposable Wipes: Disposable wipes are moist towelettes that can help make clean up easier.
- Barrier Creams: Barrier creams are used to moisturize, lubricate, protect skin from rashes, and maintain skin integrity while using incontinence products.

Please note that a child's coverage for the above products will vary depending on their specific Medicaid plan and their state. Depending on your child's condition, these products could be needed for varying lengths of time. Sometimes, incontinence supplies are required for a few months, a few years, or throughout their entire life. It is best to work with the child's doctor to determine the right mix of incontinence products for the child's specific type of incontinence.

To learn more, visit Aeroflow Urology's website! Link below:

[Aeroflow Urology: Medicaid Paid Diapers and Pull-ups](#)



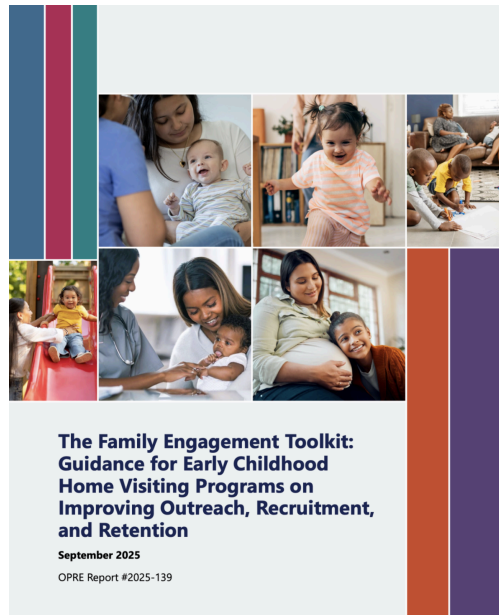
Childhood Immunization Schedule Update

Childhood immunizations are a foundation of pediatric care and are among the most effective tools for preventing serious illness, lifelong complications, and death from infectious diseases. The Centers for Disease Control and Prevention (CDC) publishes immunization recommendations that serve as national guidance. States are responsible for evaluating this guidance and applying it in a manner consistent with state-specific laws and needs.

On January 26, 2026, CDC updated the Child and Adolescent Immunization Schedule which retains all previously recommended, FDA-approved vaccines but reclassified several from routine universal use to high-risk or shared clinical decisionmaking (SCDM) categories.¹ SCDM applies to vaccines that Advisory Committee on Immunization Practices (ACIP) determines may benefit some individuals but are not universally indicated for all children within a specific age or risk group.² This Bulletin summarizes these changes to national recommendations and provides additional Alaska-specific guidance.

State of Alaska Epidemiology Bulletin

Immunization Information: Recommendations for Vaccines



Early childhood home visiting is a service delivery strategy that supports a range of positive outcomes, including improvements in child and maternal health, child development and school readiness, family economic self-sufficiency, and a reduction in child abuse and neglect. Evidence-based home visiting programs reached about 281,000 families in 2023, according to the National Home Visiting Resource Center, but many more families are eligible and could benefit from these programs. Engaging families in services, including during initial outreach and recruitment and for ongoing retention, is a long-standing challenge for many home visiting programs. The goal of the Family Engagement Toolkit is to help home visiting programs strengthen their engagement with families through practical resources.

Help Me Grow Alaska Launches News IECMH Support Service!

The goal of Growing Minds is to support adults in nurturing young children’s social and emotional development and to enhance the quality of care for children from birth through five years old across settings.

Growing Minds offers virtual-based Infant and Early Childhood Mental Health (IECMH) support for providers who care for infants and young children. This is a non-emergency service for providers to receive guidance on their practice or to ask questions about a specific concern in their professional setting.

The service will target any professional working with young children not currently able to access IECMH Consultation, including Family, Friend and Neighbor care, home visiting, early intervention, medical or social service providers.



A service of Help Me Grow Alaska

Virtual-based

Birth through five years old

Across settings

Infant and Early Childhood Mental Health

Are you a professional working with young children in need of IECMH support?

Empowering providers to foster strong social and emotional development in young children.

Infant and Early Childhood Mental Health (IECMH) support for providers who care for infants and young children. This is a non-emergency service for providers to receive guidance on their practice or to ask questions about a specific concern in their professional setting.

Call 1-833-HMG-ALASKA (1-833-464-2527)
and ask to be connected to Growing Minds today!
or visit helpmegrowak.org/growing-minds

The Health Resources and Services Administration (HRSA), Department of Health and Human Services (HHS) provided financial support for this publication. The award totaled \$3,057,637. The contents are those of the author and may not reflect the policies of HRSA, HHS, or the U.S. Government.








P.A.U.S.E and Keep Your Baby Safe

Keeping your baby safe Tips to take care of yourself and your new baby

Comforting a crying baby can be stressful for caregivers. It's normal to feel frustrated and overwhelmed when this occurs. If your baby is crying inconsolably, remember to stay calm, take deep breaths and remind yourself that you're a good caregiver. Try some of the tips below to care for yourself and your baby.

Five S's of Soothing Your Baby

-  Try **swaddling** and laying your baby on their back
-  Position your baby on their **side or stomach** while holding them (On their back is the only safe position for your baby to sleep)
-  Make a **"shhh"** sound with your voice or play soft music or white noise
-  **Swing** your baby gently in your arms or a rocker
-  **Sucking** on a pacifier or feeding can help calm your baby



Remember to P.A.U.S.E. – Take a break and don't shake

- Prepare for crying – remember it's normal for babies to cry a lot
- Anger control – recognize your frustration, but don't act on it
- Understand the risks – shaking a baby can cause serious brain damage or death
- Soothe safely – try gentle methods like rocking, swaddling and white noise
- Exit if needed – if you're overwhelmed, place your baby safely in a crib and take a break

Crying is normal, shaking is not

If you think your baby was shaken, seek medical attention right away. Call 911 or Providence Alaska Medical Center's 24-Hour Nurse Advice Line at 907-212-6183.

Signs your baby may have been shaken include:

- Rigidity
- Seizures
- Lethargy
- Vomiting
- Poor feeding
- Difficulty breathing
- Dilated pupils
- Blood spot in eye

Additional Resources



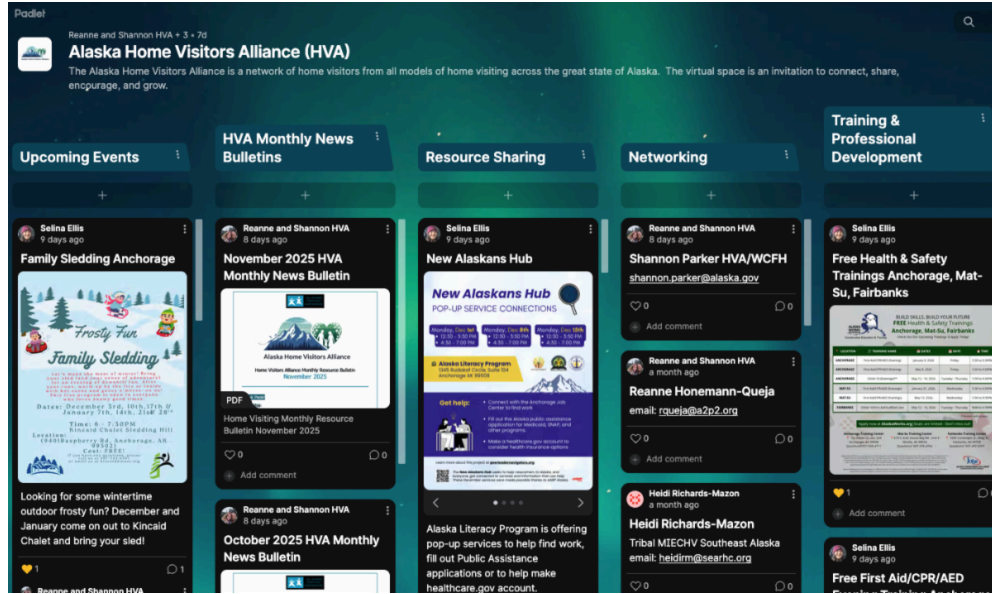
How to put your baby to sleep



Happy Baby Q&A



A Virtual Space for Alaska Home Visitors!



Home visiting is "heart work," and it's best done together. We know that being out in the field can sometimes feel like you're on an island—especially in the Great Land! That's why the Alaska Home Visitors Alliance created a dedicated Padlet just for Alaska home visitors.

Think of it as our digital breakroom. It's a place to:

- **Connect:** Meet and chat with fellow home visitors across the state.
- **Discover:** Find upcoming events and professional development opportunities.
- **Share:** Grab a resource for a family or upload a tool that's worked for you!

[HVA Padlet!](#)



Share your Updates for the HVA Monthly Bulletin!

Do you have exciting news, upcoming events, program milestones, or community celebrations to share? The Home Visitors Alliance wants to help amplify your work!

We invite you to submit:

- **Celebrations:** Staff accomplishments, program anniversaries, or family success stories
- **Events:** Trainings, community gatherings, outreach events, or family engagement activities
- **Newsletters:** Recent or upcoming editions that highlight your program's work
- **Program Highlights:** Unique initiatives, partnerships, or creative strategies you're using to support families

Your submission may be featured in the next HVA Monthly Bulletin, which reaches a wide network of home visiting professionals across Alaska. It's a great way to share ideas, inspire others, and celebrate the incredible work happening in our communities.

Please send your content, along with any relevant photos or flyers, to rqueja@a2p2.org by the first Monday of each month. We can't wait to hear from you and spotlight your amazing work!

A2P2 March Partnership Meeting is in Anchorage!



The poster features a green background with a repeating pattern of stylized leaves. At the top left is the All Alaska Pediatric Partnership logo, which consists of two stylized human figures in white and green. To the right of the logo, the text "ALL ALASKA PEDIATRIC PARTNERSHIP" is written in a sans-serif font. The main title "A2P2 March Partnership Meeting Anchorage" is centered in large, bold, white letters. Below the title, the date "Friday March 6, 2026" is displayed. Further down, the text "Live streaming begins at 12:15 p.m. Lunch provided for in person attendees" is written in a smaller font. The location "Anchorage City Hall Mayor's Conference Room 632 W 6th Ave Anchorage, AK 99501" is listed. At the bottom left, the text "Hosted by:" is followed by the Municipality of Anchorage logo, which is a circular seal with an anchor and the words "MUNICIPALITY OF ANCHORAGE". To the right of the logo, the text "The Mayor's Conference Room is located in room 830 on the 8th floor of City Hall" is written. At the bottom right, the text "Register Here:" is followed by a QR code.

 ALL ALASKA PEDIATRIC PARTNERSHIP

A2P2 March Partnership Meeting Anchorage

Friday March 6, 2026

*Live streaming begins at 12:15 p.m.
Lunch provided for in person attendees*

**Anchorage City Hall
Mayor's Conference Room
632 W 6th Ave
Anchorage, AK 99501**

Hosted by:  *The Mayor's Conference Room is located in room 830 on the 8th floor of City Hall*

Register Here: 

A2P2 Partnership Meetings are hosted in various communities across Alaska. They link the medical community with the agencies and organizations providing services and support for children, youth, and their families. A2P2 Partnership Meetings are a space for connecting, networking, and collaborating within and between communities. These meetings are a wonderful opportunity for those who work with children and youth to learn about what is happening around the state, both from a medical and community resource perspective. A2P2 Partnership Meetings are also shared live through a virtual platform to accommodate statewide participation.

[**Virtual Partnership Meeting Registration**](#)

Next HVA Connect! is Tuesday March 17th!



March HVA Connect!

Join home visitors from across
Alaska in conversations around

Networking
Storytelling
Support

**TUESDAY
MARCH 17TH
9:00-10:00 AM**

PLEASE REGISTER TO ATTEND:
[HTTPS://US02WEB.ZOOM.US/MEETING/REGISTER/2CYWFXBMQH
M7X4TYQ_H99W](https://us02web.zoom.us/join/register/2CYWFXBMQH-M7X4TYQ-H99W)



HVA CONNECT!

You're invited to the Alaska Home Visitors Alliance monthly virtual meeting, HVA Connect! These gatherings are a chance for Alaska's home visitors to come together, swap ideas, tackle challenges, and build a supportive, collaborative community. Meetings includes a guest speaker, an open forum, and time for networking.

 2nd Tuesday of the month 9:00-10:00 AM
October-May

Zoom Registration:
<https://us02web.zoom.us/j/82217480740>



Sessions will be held virtually the second Tuesday of each month, October-May from 9:00-10:00 AM.

October 14 | November 12 | December 9 | January 13 | February 10 | March 17 | April 14 | May 12

[Register for HVA Connect!](#)

Learning to Listen: Conversations that Matter Returns!

Brazelton
Touchpoints Center™

AI Companions. Myths of Masculinity. LGBTQ+ Questions.
Learning to Listen: Conversations for Change
Spring 2026

January 28th April 29th May 27th





Criscillia Benford
Narratologist and
media theorist

Terry Real
Family therapist,
speaker, and
best-selling author

Steven Haden
Social impact leader,
LGBTQ+ advocate, and
creator of Q is for
Questioning

3 Wednesday Webinars
3-4 pm ET / 12-1 pm PT
FREE REGISTRATION

SPONSORED BY:
**THE BURKE
FOUNDATION**

Learning to Listen: Conversations for Change returns with three new conversations featuring inspiring leaders working on the frontlines of current and emerging issues for children and families. These free conversations are for everyone who cares for and about babies and children, and the families, professionals, and communities that protect, nurture, and enjoy them.

This spring's episodes (click on the title for details):

- [January 28, 2026 – What is AI Doing to Our Children?](#)
- [April 29, 2026 – Boys, Fathers, and the Myths of Masculinity](#)
- [May 27, 2026 – Q is for Questioning](#)
-

All Learning to Listen conversations are one hour on Wednesdays at 11:00-12:00 pm AKST, and feature live Spanish translation and captioning. Certificates of attendance available.

Register for one or all!

[Register Here!](#)

2026 Infant, Child, & Youth (ICY) Conference



In Alaska, professionals who serve families need opportunities to network, problem-solve, and think through how to work together. With this conference, we hope professionals will find inspiration to connect, collaborate, and improve the continuity of care for families in Alaska.

The Infant, Child, and Youth (ICY) Conference, formerly known as the IECMH Institute & CAFBH Conference, features renowned national speakers and Alaskan experts, with plenaries and workshops for professionals that work with infants, children, and youth of any age and their families.

[Learn more about the ICY Conference](#)

[Presentation Proposal Application](#)

[Training Access Funds Application](#)

RESOURCES TO SHARE WITH FAMILIES:

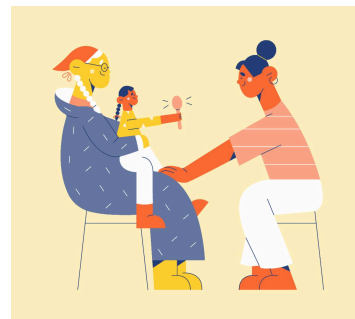


Help Me Grow Alaska is a program dedicated to promoting healthy child development statewide by providing support and information to individuals and organizations who care for and about children and young adults.

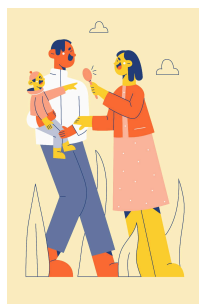
[Visit Help Me Grow Alaska](#)

Connect with Help Me Grow Alaska

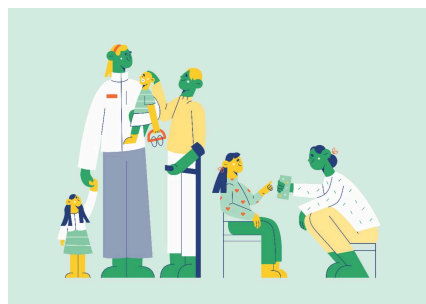
If you have a general question or comment for our program, please feel free to reach out to us through this form. If you are looking for services from a Family Support Specialist or our team, please use the link below to get you connected as quickly as possible. Messages will be sent directly to our email.



[Contact a Family Support Specialist](#)



If you are looking for resources to share with a parent or someone responsible for a child, Help Me Grow Alaska is here to provide you with appropriate resources on child development, and connections to ongoing supports. Help Me Grow



Help Me Grow Alaska is here to help providers advocate for the children and families they serve, support providers in their efforts to increase developmental screenings, assist them in making sure families are connected to various referrals, and offer trainings and educational opportunities on a

Alaska keeps this page updated with resources to help families learn and grow.

[Family Resources](#)

variety of topics related to the well-being of children and families in Alaska.

[Provider Resources](#)

Pacify Launched for WIC Beneficiaries in Alaska!



CDPHP is now offering free, 24/7 virtual lactation support to Alaska WIC participants through Pacify, a national organization.

Through the Pacify app, you can connect with an International Board Certified Lactation Consultant (IBCLC) via video call, anytime, day or night. This service is currently available only to those enrolled in WIC, but we hope to expand it to more Alaskans in the future.

To help clients get started, Pacify has created a dedicated Alaska staff resource page with helpful information, videos, and slides on how to enroll. You can find it here:

WIC staff have already been trained and are enrolling clients! Please share this valuable resource with their clients!

[Alaska Pacify Resources](#)



Alaska Department of Health
Division of Public Assistance

Division of Public Assistance



New Mobile Friendly Online Alaska SNAP application now available online!

In Alaska, the **Supplemental Nutrition Assistance Program** is administered by the Department of Health (DoH), Division of Public Assistance (DPA), and provides food

benefits to low-income families to supplement their grocery budget so they can afford the nutritious food essential to health and well-being.

[Learn more about SNAP](#)

Divisions of HealthCare Services (program and policy administration) and Public Assistance (program eligibility)



Apply for Denali KidCare and DenaliCare!

The only way to know for sure if you are eligible is to apply!

Children up to the age of 19 and **pregnant women** may be eligible if you meet the income guidelines.

For ease, peace of mind and to receive a confirmation number, click below.

You can also apply at [HealthCare.gov](https://www.healthcare.gov) or with a paper application available for download.

[More Information on Eligibility for Denali KidCare!](#)

As of February 1, 2024, the Alaska DOH will now provide 12 months of postpartum Medicaid coverage to:

- Medicaid recipients whose pregnancy ended or will end on or after February 1, 2024;
- Medicaid recipients who are no longer pregnant but who are still within a 12-month postpartum period; and
- Individuals that are no longer receiving Medicaid benefits but had a pregnancy end in the last 12 months.

Action for beneficiaries:

- The individuals affected above do not need to submit a Medicaid application to receive these extended postpartum Medicaid benefits. Previously, postpartum coverage ended at 60 days.

Additionally, the income limit for Medicaid coverage will increase to include pregnant women with countable income under 225% of the federal poverty level:

RESOURCES FOR HOME VISITORS:



Knock

Knock is an online community for home visiting professionals across the United States

Knock is an online community for those new to the field and to those already serving families. Knock is a place where anyone interested in the home visiting field can come to learn more. Knock builds equitable career pathways into home visitation.

Knock is our mobile-friendly application with the dual functions of recruitment and retention for the home visiting workforce. Connect with others in the field, visit our vast resource library, test your knowledge, all in a fresh, easy community.

<p>What is Knock?</p> <p>Knock is a web-based application with the dual functions of recruitment and retention for the home visitation workforce.</p> <p>Knock is a place where anyone interested in the field can come to learn more!</p> <p>Knock is an online community for those new to the field and to those already serving families. It's a hub for home visiting resources and home visiting professionals across the country.</p>	<p>Job Opportunities</p> <p>Looking for a new career? Think of Knock as your entryway into a new field. Already established in the world of home visiting, but looking to explore other opportunities? Knock can help you find a new career!</p> <p>Organizations have the ability to post career opportunities and job openings in the Knock. How do you open? Why not announce it directly to the field?</p>	<p>Resource Library</p> <p>We're probably never tired of our library of home visiting and family support resources. The library is a place where home visitors and family support professionals can come for the latest information and resources to further their knowledge and development.</p> <p>Add your own resources and have a home for all your important information tools, creating a virtual collection of resources at your fingertips all housed in your own personalized library.</p>	<p>Personalized Profiles</p> <p>Profiles are personalized by the user and create a welcoming community within the Knock application. How do you view your profile and make the Knock experience even better?</p> <p>Organization profiles are fully customizable and allows them to showcase their place in the field and add to the community of Knock.</p> <p>Visit Knock today to get started!</p>
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[Visit Knock!](#)



Touchpoints are periods in the first years of life, during which children's spurts in development result in disruption in the family system. The succession of touchpoints in a child's development is like a map that can be identified and anticipated.....

To learn more about Brazelton and touchpoints in a child's development, please visit the website at the link below.

[Trainings and Workshops](#)

Home Visitor Professional Learning Path - Online



Missed a webinar? Find online training resources at link below!



[Learn More](#)

If you have any questions, need more information, or have a resource to share, please reach out to hva@a2p2.org, we'd love to hear from you!

Connect with us!



All Alaska Pediatric Partnership | 4141 B St. Suite 409 | Anchorage, AK 99503 US

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